



Foundation Degree in Drug and Alcohol Counselling by Distance Learning

September 2012 - June 2016 (4 years) or September 2012 - July 2015 (3 years)

Code: DZ001

Mode of study: Part-time

Credits: 240 at HE Levels 1 & 2

Course outline

The Foundation Degree in Drug and Alcohol Counselling provides an introduction to drug and alcohol counselling for a broad range of people. The course will provide the skills, knowledge base and expertise needed to use counselling within the drug and alcohol field. The Degree provides an opportunity for people to train as drug and alcohol workers and build a career in this profession. The course provides an opportunity for personal and professional career development and will enable people to develop sufficient competence and confidence to access employment in the drug and alcohol field.

The degree programme carries 120 credits at HE Level 1 and 120 credits at HE Level 2 (equivalent to NVQ levels 4 and 5). The course will be taught as a three-year part-time course for students who have current drug or alcohol clients, and as a four-year course for students who do not. The course contains 360 teaching hours in total.

Online/Distance Learning

This is available as an online/distance learning course. Applicants must have access to a networked (online) computer, and have a good standard of English. This mode of delivery will utilise internet web pages, on-line conferencing and email, and yearly intensive face-to-face summer schools to deliver an equivalent learning experience to the Foundation Degree as taught on campus.

The total length of intensive workshops across the four years of the course is 22 days.

Entry requirements

Prospective students will be interviewed by telephone prior to commencing the course, to ensure they are aware of the demands that will be made of them and to assess their ability to meet the academic and practice requirements. Prospective students must be 18 months free of any substance use problem before they start the course. Applicants must have access to a personal computer and the internet.

Applicants who have already met the learning objectives of one or more modules, by prior study at University level or by work experience, may apply for exemption from these modules.

Modules

All modules are compulsory. Students are required to attend at least 80 percent of each module.

HE Level 1:

- Introduction to Counselling Skills (20 credits)
- Introduction to Substance Use (20 Credits)
- Assessment and Treatment (20 Credits)
- Motivational Interviewing (20 Credits)
- Cognitive Behavioral Therapy (20 Credits)
- Developing the Therapeutic Relationship (20 Credits)

HE Level 2:

- Addiction and Society (20 Credits)
- Social and Mental Health Studies (20 Credits)
- Group Process – Year I (10 Credits)
- Drug and Alcohol Counselling Placement – Year I (20 Credits)
- Dissertation (20 Credits)
- Group Process – Year II (10 Credits)
- Drug and Alcohol Counselling Placement – Year II (20 Credits)

Four-year students will take both the Personal Development Group, and the Drug and Alcohol Counselling Placement, in Years 3 and 4.

Three-year students will take the Personal Development Group in Years 1 and 2, and the Drug and Alcohol Counselling Placement, in Years 2 and 3.

Assessment

Students will be required to keep a reflective learning journal throughout the programme and part of the assessment of some modules will be a reflective learning journal statement.

Assessment will be both formative and summative. The formative assessment will take place during course time and will include feedback to students on written work, group work, oral presentations, observations and role-play sessions.

What skills will I gain?

The aims of the programme are:

- To provide students with a broad overview of the theory and practice of substance misuse counselling.
- To prepare them to use counselling skills in the workplace and to undertake a placement working with clients in a contained and professional environment.
- To provide students with an in-depth understanding of the theory and practice of working with substance misusers in the drug and alcohol field.
- To provide a learning environment in which students will feel safe and secure enough to explore aspects of their own personal development, that will relate to the practice of using counselling by building relationships with substance misusers in workplace settings.
- To provide opportunities in a learning environment for students to explore their own values, beliefs, attitudes and prejudices that may have an impact on their relationships with others in a personal or employment context.

- To introduce students to ethical frameworks that underpin and contain good practice in drug and alcohol counselling and interventions.
 - To enable students to develop academic skills that can be applied to discussing the complexities of counselling and intervention theory and practice with substance misusers.
 - To develop the skills to critically evaluate research and academic texts in order to inform their practice and support their professional development.
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How much will it cost?

Fees for September 2012 entry

Please note that from September 2012 students will have to apply for a loan to cover their course fees. You will start to pay this loan back after 3 years, but only if you are earning over £21,000. You will only have to pay back 9% of your earnings over £21,000. For example: if you were earning £25,000 per year your monthly repayments would be £30 per month.

The following website is useful in explaining the new loan system:
<http://studentfinance-yourfuture.direct.gov.uk/part-time-students>

You can also contact the University of Leicester's, Welfare Service to discuss financial support.
Tel: 0116 223 1185
Email: welfare@le.ac.uk

Home/EU Fees - payable for each year of course.

- Four-year course: **£2675** per annum
- Three-year course: **£3566.67** per annum

Overseas Fees - payable for each year of course.

- Four-year course: **£3067.50** per annum
- Three-year course: **£4090** per annum

Developing Countries Fees - payable for each year of course.

- Four-year course: **£2271.25** per annum
- Three-year course: **£3028.33** per annum

Course fees to be advised, for students entering the course at a later date.

Fees will be increased for ensuing courses in line with Institute and government policy on tuition fees for part-time students.

Where and when does the course take place?

The course will commence in September 2012 (start dates to be confirmed). Student contact will take place via the internet, supported by intensive workshops every year for the duration of the course.

There will be one intensive face-to-face workshop at Vaughan College, Leicester, in the first year of the course, and an intensive workshop during each subsequent year.

Lunch will be provided on intensive workshops, but students will be responsible for their own accommodation and evening meal.

Further information

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- **Louise Hogan, Course Administrator**

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- **Dr Tony Priest, Course Director**

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